



## Lunch at the Cridge - Menu for August 2024



\*Fresh sandwiches made daily as an option served with salad or fruit - Various selections\*  
 \*Tossed Green Salad always available w/ choice of fresh made dressings sub as main per request\*  
 \*Bread always available upon request\*  
 \*Coffee, Tea, Juice or Milk\* Fresh Fruit, Yogurt or Ice Cream is available as a dessert option\*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 <i>Soup of the Day</i> Grilled Ham and Cheese Sandwich w/ Tossed Greens  Fresh Fruit	2 <i>Soup of the Day</i> Chicken Quesadilla w/ Avocado Salsa Sour Cream  Fresh Fruit	3 <i>Soup of the Day</i> Steamed Shrimp Dumplings with Soy Dipping Sauce Mango Mayo Citrus Coleslaw Fresh Fruit
4 <i>Soup of the Day</i> Cinnamon French Toast and Bacon  Fresh Fruit	5 <i>Soup of the Day</i> Watermelon Feta and Almond Salad Red Onion & Fresh Mint Blueberry Vinaigrette Warm Baguette Lemon Shortbread	6 <i>Soup of the Day</i> Antipasto Genoa Salami, Tuscany Ham and Fontina Cheese Grapes, Cherry Tomatoes and Pickles Warm Baguette Jell-O	7 <i>Soup of the Day</i> Chef's Creation Quiche Garden Salad  Fresh Fruit	8 <i>Soup of the Day</i> Roasted Mushroom Ravioli w/ Stilton Cream Sauce  Fresh Fruit	9 <i>Soup of the Day</i> South Western Spiced Minced Bison Salad Tortilla Chips and Cheddar Honey Lime Dressing Sour Cream Fresh Fruit	10 <i>Soup of the Day</i> Grilled Cheese w/ Fries  Fresh Fruit
11 <i>Soup of the Day</i> Blueberry Buttermilk Pancakes with Bacon  Fresh Fruit	12 <i>Soup of the Day</i> Chicken Strips Tossed Greens Honey Mustard Sauce  Oatmeal Raisin Cookies	13 <i>Soup of the Day</i> Raspberry Orange Scone Cottage Cheese and Fresh Fruit  Fresh Fruit	14 <i>Soup of the Day</i> Tomato and Fresh Mozzarella Salad Pesto, Balsamic Gastrique Warm Baguette  Fresh Fruit	15 <i>Soup of the Day</i> Creamy Tuscan Gnocchi w/ Spinach, Sun dried Tomatoes Garlic and Sage Parmesan  Fresh Fruit	16 <i>Soup of the Day</i> Open Face Ruben with Fries  Fresh Fruit	17 <i>Soup of the Day</i> Macaroni and Cheese w/ Garden Salad  Fresh Fruit
18 <i>Soup of the Day</i> Scrambled Eggs Hash Browns and Toast  Fresh Fruit	19 <i>Soup of the Day</i> Strawberry, Almond Arugula Salad w/ Feta and Peppers Balsamic Vinaigrette Warm baguette Peanut Butter Cookies	20 <i>Soup of the Day</i> Grilled Smoked Turkey and Swiss on Whole Wheat w/ Fries  Fresh Fruit	21 <i>Soup of the Day</i> Chef's Creation Frittata w/ Cucumber and Mint Salad  Fresh Fruit	22 <i>Soup of the Day</i> Roasted Almond and Vegetable Pate Artisan Cheeses, Pickles Cherry Tomatoes, Grapes Warm Baguette Fresh Fruit	23 <i>Soup of the Day</i> Prawn Tempura Soy Dipping Sauce Ginger Garlic Coleslaw  Fresh Fruit	24 <i>Soup of the Day</i> Spaghetti w/ Meat Sauce  Fresh Fruit
25 <i>Soup of the Day</i> Bacon & Eggs Hashbrowns & Toast  Fresh Fruit	26 <i>Soup of the Day</i> Greek Salad, Hummus and Grilled Pita Bread  Flourless Chocolate Cookies	27 <i>Soup of the Day</i> Lemon Blueberry Scone Cottage Cheese and Fresh Fruit  Fresh Fruit	28 <i>Soup of the Day</i> Chef's Creation Quiche Carrot Raisin Salad Ginger Vinaigrette  Jell-O	29 <i>Soup of the Day</i> Baby Spinach Salad Cranberries, Almonds Red Onion, Boiled Egg Raspberry Vinaigrette Warm Baguette Fresh Fruit	30 <i>Soup of the Day</i> Black Forest Ham and Swiss Croissant Blueberry and Pumpkin Seed Coleslaw Citrus Vinaigrette Fresh Fruit	31 <i>Soup of the Day</i> Savory Meat Pie Buttered Peas and Carrots  Fresh Fruit



## Dinner at the Cridge - Menu for August 2024



\*All dinner Entrees include seasonal fresh vegetables & various preparations of cereals and potatoes\*

\*Tossed Green Salad always available w/ choice of fresh made dressings\*

\*Bread always available upon request\*

\*Coffee, Tea, Juice or Milk\* Fresh Fruit, Yogurt or Ice Cream is available as a dessert option\*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1</b> Catch of the Day OR Stuffed Portabellini Mushrooms with Spinach & Artichokes  <b>Fresh Fruit</b>	<b>2</b> Meat Loaf Fried Onions and Gravy Or Rigatoni Pasta w/ Marinara and Pesto Sauce  <b>Fresh Fruit</b>	<b>3</b> Chef's Table Summer BBQ with Savory Salads and Corn on the Cob  <b>Fresh Fruit</b>
<b>4</b> Roast Beef Striploin Gravy & Yorkshire Pudding Chef's Potatoes Fresh Vegetables  <b>Cheese Cake</b>	<b>5</b> Bangers & Mash Fried Onions & Gravy OR Catch of the Day  <b>Fresh Fruit</b>	<b>6</b> <i>Pasta Night</i> Lasagna With Meat Sauce Or Baked Penne w/ Marinara Sauce Garden Salad & Garlic Bread <b>Fresh Fruit</b>	<b>7</b> Grilled Chicken Chef's Sauce Or Catch of the Day  <b>Fresh Fruit</b>	<b>8</b> Breaded Pork Chops w/ Apple Sauce Or Grilled Liver and Onions Gravy  <b>Fresh Fruit</b>	<b>9</b> Catch of the Day OR Chickpea Korma Cashew Saffron Rice  <b>Fresh Fruit</b>	<b>10</b> Chef's Table Summer BBQ with Savory Salads and Corn on the Cob  <b>Fresh Fruit</b>
<b>11</b> Roast Turkey Dinner Rich Gravy Traditional Stuffing Mashed Potatoes Chef's Vegetables  <b>Pumpkin Pie</b>	<b>12</b> Pork Tenderloin Medallions w/ Sage Mustard Sauce OR Garlic Prawns Drawn Butter  <b>Fresh Fruit</b>	<b>13</b> Catch of the Day OR Bison Loaf Fried Onions & Gravy  <b>Fresh Fruit</b>	<b>14</b> Roast Chicken Thighs Cacciatore Sauce Spaghetti w/ Parmesan Asparagus  <b>Fresh Fruit</b>	<b>15</b> Pork Loaf Fried Onions and Gravy Or Catch of the Day  <b>Fresh Fruit</b>	<b>16</b> Beef Bourguignonne Warm Baguette OR Canadian Lentil & Potato Pie Homemade Ketchup <b>Fresh Fruit</b>	<b>17</b> Chef's Table Summer BBQ with Savory Salads and Corn on the Cob  <b>Fresh Fruit</b>
<b>18</b> Roast Pork Loin Rich Gravy Chef's Potatoes Fresh Vegetables  <b>Apple Crumble</b>	<b>19</b> Swiss Steak w/ Pearl Onions Or Scallops Provencale  <b>Fresh Fruit</b>	<b>20</b> Catch of the Day OR Chickpea Korma Fancy Basmati Rice  <b>Fresh Fruit</b>	<b>21</b> Pork Cutlets with Sweet & Sour Sauce Rice Noodles Fresh Vegetables  <b>Fresh Fruit</b>	<b>22</b> Roast Chicken Thighs Or Catch of the Day  <b>Fresh Fruit</b>	<b>23</b> Beef Stew OR Spinach and Ricotta Crepes w/ Marinara Sauce Pesto <b>Fresh Fruit</b>	<b>24</b> Chef's Table Summer BBQ with Savory Salads and Corn on the Cob  <b>Fresh Fruit</b>
<b>25</b> Roast Chicken Dinner Mashed Potatoes with Gravy Fresh Vegetables  <b>Coconut Rum Cake</b>	<b>26</b> Baked Meat Balls w/ Marinara Sauce Or Stuffed Portabellini Mushrooms with Spinach & Artichokes <b>Fresh Fruit</b>	<b>27</b> Catch of the Day Or Baked Cannelloni  <b>Fresh Fruit</b>	<b>28</b> Turkey Pot Pie Puff Pastry Baby Potatoes Fresh Vegetables  <b>Fresh Fruit</b>	<b>29</b> Catch of the Day Or Crispy Bean Cakes w/ Tsatsiki  <b>Fresh Fruit</b>	<b>30</b> Shepherds Pie w/ Gravy Or Rainbow Tortellini w/ Marinara Sauce  <b>Fresh Fruit</b>	<b>31</b> Chef's Table Summer BBQ with Savory Salads and Corn on the Cob  <b>Fresh Fruit</b>