


The Cridge Village Seniors Centre

Recreation Calendar for January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>This calendar is 2-sided. Please turn over for Jan 14-31st</p>		<p>Happy Birthday!</p> <p>Jan 16th- Jeanne S. Jan 20th - Peter H. Jan 23rd - Michael W. Jan 27th- Marion H.</p>	<p>Jan 28th- Jack C. Jan 29th- Donna M. Jan 31st- Lynn M.</p>			
	<p>New Years Day! 1</p> <p>10:45 DIY Morning Rummy-O 2:00 Movie Matinee ' Maestro ' 6:30 Games Night</p>	<p>2</p> <p>1:30 Chapel Exercise 2:00 Brain Games 3:00 Bingo 6:30 Classical Music Night</p>	<p>3</p> <p>1:30 Chapel Exercise 2:00 Scrabble / Games 3:30 Trivia 6:30 Dice 8:00 British Comedy</p>	<p>4</p> <p>1:30 Chair Yoga w Jewel 3:30 Happy Hour w Michael Majoka 6:30 Rummy-o 8:00 The Crown Series</p>	<p>5</p> <p>1:30 Chapel Exercise 2:30 Newsgroup 3:30 Seated Bocce 6:30 Decoration Take Down</p>	<p>6</p> <p>2:00 Pacific Animal Therapy Society Visit 6:30 Bingo</p>
<p>7</p> <p>6:30 DVD Rick Steves: A symphonic Journey in Europe</p>	<p>8</p> <p>10:45 Coffee & Cards 1:20 Bingo w G.H 3:00 Decoration Take Down 6:30 Games Night</p>	<p>9</p> <p>10:30 Standing Exercise 11:00 Brain Games 1:45 Hillside Mall Grocery Shop 6:30 Music Night</p>	<p>10</p> <p>10:30 Church Service 2:00 Walk at Cedar Hill/ '2nd Chance' Coffee Shop 4:00 Exercise 6:30 Dice 8:00 British Comedy</p>	<p>11</p> <p>10:30 Standing Exercise 11:00 Crossword 3:30 Happy Hour w Eric McQuillan 6:30 Rummy-o 8:00 The Crown Series</p>	<p>12</p> <p>10:15 Crystal Pool Swim 1:30 Skit / Improv Group 3:00 Chair Dancing 6:30 Painting</p>	<p>13</p> <p>6:30 Bingo</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14 6:30 Rock Painting	15 10:45 Coffee & Cards 1:20 Bingo w G.H 2:30 Meet & Greet w Krishna! 3:45 Exercise 6:30 Games Night	Nex Gen Hearing 16 10:30 Standing Exercise 11:00 Brain Games 2:00 Tillicum Mall Grocery Shop 6:30 Music Night	17 10:30 Church Service 2:00 Exercise 3:30 Music Bingo 6:30 Dice 8:00 British Comedy	18 10:30 Standing Exercise 11:00 Group Crossword 1:30 Chair Yoga 3:30 Happy Hour w The K-Tones 6:30 Rummy-o/8 Crown	19 10:30 Walk at Dallas Road 2:00 Sing along 3:30 Podcast & Coffee 6:30 Painting	20 6:30 Bingo
21 6:30 Mahjong	22 10:45 Coffee & Cards 1:20 Bingo w G.H 2:30 Arts & Crafts 4:00 Exercise 6:30 Games Night	23 10:30 Standing Exercise 11:00 Brain Games 2:00 Fairways Market 3:45 Cyber Seniors 6:30 Music Night	24 10:30 Church Service 2:00 Bell Choir 3:00 Seated Bocce 4:00 Standing Exercise 6:30 Dice 8:00 British Comedy	25 10:30 Standing Exercise 11:00 Crossword 1:30 Year Book Group 3:30 Birthday Party w Marlon! 6:30 Rummy-o/8 Crown	26 10:15 Crystal Pool Swim 2:00 Carpet Bowling 3:30 Skit / Improv Group 6:30 Painting	27 2:00 Mass w Father William Haan 6:30 Bingo
28 6:30 Mens Group Movie Night	29 10:45 Coffee & Cards 1:20 Bingo w G.H 2:30 Painting 4:00 Exercise 6:30 Games Night	30 10:30 Standing Exercise 11:00 Brain Games 2:00 Hillside Mall 3:45 Cyber Seniors 6:30 Music Night	31 10:30 Church Service 1:30 Year Book Group 3:30 Exercise 6:30 Dice 8:00 British Comedy			