



Recreation Calendar for November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>This calendar is 2-sided. Please turn over for Nov 12th-30th</p>		<p>Happy Birthday!</p> <p><i>Nov 16th - Marilyn F.</i></p>				
<p>REMEMBRANCE DAY <i>LEST WE FORGET</i></p>			1	2	3	4
			<p>10:30 Hymn Sing</p> <p>1:30 Silver Thread Singers</p> <p>3:00 Standing Exercise</p> <p>4:00 Bird Presentation</p> <p>6:30 Dice/8 Comedy show</p>	<p>10:30 Exercise</p> <p>11:00 Crossword Puzzle</p> <p>1:30 Garden Clean Up</p> <p>3:30 Happy Hour w Marlon</p> <p>6:30 Rummy O/ 8 Crown</p>	<p>10:15 Crystal Pool Swim</p> <p>1:30 Goldstream Park Fire/ Hot Chocolate/ Salmon Run</p> <p>6:30 Painting</p>	<p>1:30 PATS doggo visits!</p> <p>6:30 Bingo</p>
5	6	7	8	9	10	Remembrance Day
<p>6:30 Rock Painting</p>	<p>10:00 Storytime w Kids</p> <p>10:45 Coffee & Cards</p> <p>1:20 Bingo w G.H. Shop</p> <p>2:00 Save on Foods</p> <p>6:30 Games Night</p>	<p>10:30 Exercise</p> <p>11:00 Brain Games</p> <p>1:30 Poppy Craft</p> <p>3:45 Cyber Seniors</p> <p>6:30 Music Night</p>	<p>10:30 Church Service</p> <p>1:30 Nursing Student Visits</p> <p>3:45 Standing Exercise</p> <p>6:30 Dice</p> <p>8:00 British Comedy Show</p>	<p>10:30 Exercise</p> <p>11:00 Crossword Puzzle</p> <p>1:30 Chair Yoga w Jewel</p> <p>3:30 Happy Hour w Seabreeze Trio</p> <p>6:30 Rummy O/ 8 Crown</p>	<p>10:30 Standing Exercise</p> <p>1:30 Grandmothers In Africa Sale</p> <p>3:00 Wartime Singalong</p> <p>6:30 Painting</p>	<p>6:30 Remembrance Day Service</p> <p>TURN OVER FOR Nov 12th-30th</p>

The Cridge Village Seniors Centre

Recreation Calendar for November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 6:30 Bingo	13 10:45 DIY Coffee / Cards 1:30 Ted Talk 3:00 Sing along 4:00 Exercise 6:30 Games Night	14 10:30 Exercise 11:00 Brain Games 1:30 Walking Group 2:30 Trivia 3:45 Cyber Seniors 6:30 Music Night	15 10:30 Church Service 1:30 Nursing Student Visits 3:45 Exercise 6:30 Dice 8:00 British Comedy Show	16 10:30 Exercise 11:00 Crossword Puzzle 2:00 Bell Choir 3:30 Happy Hour w The Swingkeys 6:30 Rummy O/ 8 Crown	17 10:15 Crystal Pool Swim 2:00 Target Theater 'Age on Wheels' Skit 3:30 Exercise 6:30 Xmas Party Prep	18 1:30 Sing for Joy Choir Performance 3:30 Chapel Exercise 6:30 Bingo
19 6:30 Mens Group 'Beer Tasting'	20 10:45 Coffee & Cards 1:20 Bingo w G.H. 2:00 Oak Bay Village Bank Run /Save on Foods 6:30 Games Night	* NexGen Hearing*21 10:30 Exercise 11:00 Brain Games 1:30 'Nutcracker' Ballet 3:45 Cyber Seniors 6:30 Newcombe Singers Chorus	22 10:30 Church Service 1:30 Nursing Student Visits 3:45 Exercise 6:30 Dice 8:00 British Comedy Show	23 10:30 Exercise 11:00 Crossword Puzzle 1:30 Chair Yoga w Jewel 3:30 Birthday Party w Jesse Thomas Brown 6:30 Rummy O/ 8 Crown	* Swap/ Shop* 24 10:30 Walk at Cedar Hill - Coffee Shop 2:00 Clothing Swap 3:30 Chair Dancing 6:30 Xmas Party prep	25 2:00 Mass w Father William Haan 6:30 Bingo
26 6:30 Sing along w Cridge Trio	27 10:30 Swap/Shop Clean up 1:20 Bingo w Garth Homer 3:00 Sing along 6:30 Games Night	28 10:30 Exercise 11:00 Brain Games 1:30 Year Book Group 3:00 Podcast & Coffee 3:45 Cyber Seniors 6:30 Music Night	29 10:30 Church Service 1:30 Nursing Student Visits 3:45 Exercise 6:30 Dice 8:00 British Comedy Show	30 10:30 Exercise 11:00 Crossword Puzzle 3:30 Happy Hour w The Gypsy Rovers 6:30 Rummy O 8:00 The Crown Series		