



The Cridge Village Seniors Centre



# Recreation Calendar for September 2023


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>This calendar is 2-sided. Please turn over for</p>						
	<p><b>Happy Birthday!</b>            Sept 2nd- Jeanne M.            Sept 3rd- Dorothy W.            Sept 4th- Dorothy B.            Sept 6th- Alf C.            Sept 17th- Marilyn P.</p>	<p>Sept 19th- Elizabeth C.            Sept 26th Gerry T.            Sept 30th Loretta K.</p>			<p>(Laurel) 1            10:45 Newsgroup            1:30 Chapel Exercise            2:30 Trivia            3:45 Scrabble            6:30 Firepit w            story telling</p>	<p>2            1:30 PATS            doggo visits!            6:30 Bingo</p>
<p>3            6:30 Mahjong &amp; Chess</p>	<p><b>Labour Day 4</b>            (Laurel)            10:45 Coffee &amp; Cards            1:30 Chapel Exercise            2:15 Bingo            3:30 Carpet Bowling            6:30 Games Night</p>	<p>5            10:30 Exercise            11:00 Brain Games            1:45 Save on Foods            Grocery Shop Uptown            6:30 Movie Night</p>	<p>6            10:30 Church Service            1:30 Esquimalt Naval Base Tour - Museum            4:00 Standing Exercise            6:30 Dice</p>	<p>7            10:30 Exercise            11:00 Group Crossword            3:30 Happy Hour w            Seabreeze Trio            6:00 Sidney Street Mrkt            6:30 Rummyo/8 Crown</p>	<p>8            9:30 Hartland            Landfill Educational            Guided Tour            2:00 DIY Scrabble            6:30 Painting</p>	<p>9            6:30 Bingo</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10 6:30 Balloon Badminton	11 1:20 Bingo 2:30 Year Book Group 6:30 Games Night	12 2:00 DIY Scrabble / Learn to play Canasta' 6:30 Music Night	13 10:30 Church Service 2:00 Whales Presentation Ocean Network Canada 3:30 Exercise 4:00 Brain Games 6:30 Dice	14 10:30 Exercise 11:00 Group Crossword 2:00 Garden Check In 3:30 HH w The K-Tones 6:30 Rummy - o 8:00 The Crown Series	15 10:15 Crystal Pool Swim Group 1:30 Arts & Crafts 3:30 Chair Dancing 6:30 Firepit	16 11-3pm The Cridge Centre 150th party!  6:30 Bingo
17 6:30 Men's Group Pool/ Drinks/ Music	18 10:45 Coffee & Cards 1:20 Bingo 2:30 Sing along 3:30 Exercise 6:30 Games Night	19 10:30 Exercise 11:00 Brain Games 1:30 Sooke Drive Walk at Boardwalk 3:00 NexGen Hearing 6:30 Music Night	20 10:30 Church Service 1:30 Music Bingo 3:00 Exercise 3:45 Podcast / Coffee 6:30 Dice	21 10:30 Exercise 11:00 Group Crossword 3:30 Birthday Party w Eric McQuillan 6:30 Rummy - o 8:00 The Crown Series	22 10:15 Dallas Road Walking Group 1:30 Bocce 2:30 Chair Dancing 3:00 Skit/Improv Group 6:30 Painting	23 2:00 Mass w Father William Haan 6:30 Bingo
24 6:30 Rock Painting	25 10:45 Coffee & Cards 1:20 Bingo 3:00 Exercise 3:45 Trivia/Name the Tune 6:30 Games Night 3rd flr	26 10:30 Exercise 11:00 Brain Games 1:30 Year Book Group 2:30 Fairways Market Shop 6:30 Music Night	27 10:30 Church Service 2:00 Target Theatre Skit/ Show 4:00 Standing Exercise 6:30 Dice	28 10:30 Exercise 11:00 Group Crossword 3:30 Happy Hour w Jesse Thomas Brown 6:30 Rummy - o 8:00 The Crown Series	29 10:15 Crystal Pool Swim Group 1:15 Dominion Astrophysical Observatory Tour \$ 6:30 Painting	30 National Day for Truth & Reconciliation 6:30 Bingo