



The Cridge Village Seniors Centre



Recreation Calendar for February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>This calendar is 2-sided. Please turn over for Feb 12-29th</p>		<p>Happy Birthday!</p> <p>Feb 5th- Constance P.</p> <p>Feb 9th- Betty H.</p> <p>Feb 11th- Earl S.</p> <p>Feb 14th - Persi M.</p>				
			<p>1</p> <p>10:30 Church Service 1:30 Standing Exercise 2:00 Scrabble 2:30 Hillside Grocery Shop 6:30 Dice</p>	<p>2</p> <p>10:30 Seated Exercise 11:00 Crossword Puzzle 3:30 Happy Hour w Studio 72 6:30 Rummy-o 8:00 'The Crown' series</p>	<p>3</p> <p>10:30 Coffee & Colouring 1:30 Chair Dancing 2:30 Kareokee! 4:00 Mr. Bean Episode 6:30 Valentines Craft/ Painting</p>	<p>4</p> <p>1:30 Pacific Animal Therapy Society Visit = Dogs!!!! 6:30 Bingo</p>
	<p>5</p> <p>11:00 Communion 3:00 Cridge Happy Band 6:30 Craft Night</p>	<p>6</p> <p>10:45 Coffee/Cards 1:20 Bingo 2:30 Valentine's Wreath 4:15 Standing Exercise 6:30 Poetry Group 6:30 Cribbage</p>	<p>7</p> <p>10:30 Cridge History w Joanne 1:15 Seated Exercise 2:00 Year Book 3:45 Cyber Seniors 6:30 Music Night</p>	<p>8</p> <p>10:30 Church Service 1:15 Bell Choir 2:30 Standing Exercise 3:30 Carpet Bowling 6:30 Dice</p>	<p>9</p> <p>10:30 Seated Exercise 11:00 Crossword Puzzle 3:30 Happy Hour w Joyce Penner 6:30 Rummy-o 8:00 'The Crown' series</p>	<p>10</p> <p>10:30 Active Games 1:30 Speakers Bureau 'Earth on the Move' 3:00 Skit/Improv Group 4:00 Chair Dancing 6:30 Painting</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 6:30 Quiz Night / Jokes/ Riddles	13 10:00 Exercise 10:45 Coffee/Cards 1:20 Bingo 2:30 Butterfly Gardens Outing \$ 6:30 Cribbage	Valentine's Day 14 10-12 Walker Clinic 1:15 Seated Exercise 2:15 Story Sharing & Tea Social 3:45 Cyber Seniors 6:30 Music Night	15 10:30 Church Service 1:30 Crystal Pool Swim 3:00 Scrabble 4:00 Seated Bocce 6:30 Dice	16 10:30 Seated Exercise 11:00 Crossword Puzzle 1:30 Hearing Workshop 3:30 Happy Hour w Jesse Thomas Brown 6:30 Rummy-o /The Crown	Random Acts of Kindness 10:30 Coffee & Colouring 1:30 Chair Dancing 2:15 Music Bingo 3:45 Kareokee! 6:30 Painting	18 1:30 Hillside Grocery Run 6:30 Bingo
19 3:00 Cridge Happy Band 6:30 Mahjong / Chess	Family Day 20 10:45 Coffee/Cards 2:00 Presentation 'Vallingh's View' 4:00 Standing Exercise 6:30 Poetry Group 6:30 Cribbage	21 10:30 Seated Exercise 11:00 Brain Games 1:30 Soap Felting 3:00 Nex Gen Hearing 3:45 Cyber Seniors 6:30 Carolina Bluebirds	22 10:30 Church Service 1:15 Bell Choir 2:30 Arts & Crafts 4:00 Standing Exercise 6:30 Dice	23 10:30 Seated Exercise 11:00 Crossword Puzzle 3:30 Happy Hour/Bday Party w Steve Peabody 6:30 Rummy-o 8:00 'The Crown' series	24 10:30 Active Games 1:30 Chair Dancing 2:30 Skit/Improv Group 3:30 Podcast & Cookies 6:30 Painting	25 2:00 Catholic Mass Father William Haan 3:00 DIY Scrabble 6:30 Bingo
26 6:30 Music Night South Pacific 'Rodgers & Hammerstein'	27 10:45 Coffee/Cards 1:15 Standing Exercise 2:00 Walmart/ Superstore Shop 6:30 Cribbage	28 10:30 Seated Exercise 11:00 Brain Games 1:30 Year Book 3:45 Cyber Seniors 6:30 Story Sharing				