

The Cridge Village Seniors Centre

Recreation Calendar for January 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>This calendar is 2-sided. Please turn over for Jan 15th- 31st</p>						
<p>Happy New Years! 1</p> <p>6:30 'Rick Steves' Europe: DVD</p>	<p>2</p> <p>10:30 Coffee & Cards 1:30 Standing Exercise 2:15 Music Bingo 3:30 Mr. Bean - 'The Dentist' & popcorn 6:30 Cribbage</p>	<p>3</p> <p>10:30 Seated Exercise 11:00 Brain Games 2:00 Kareokee 3:30 Trivia Time 6:30 Painting</p>	<p>4- Gord</p> <p>10:30 Church Service 1:30 Standing Exercise 2:00 Scrabble 3:30 Seated Bocce 6:30 Dice</p>	<p>5</p> <p>10:30 Seated Exercise 11:00 Group Crossword 3:30 Happy Hour w Charlie Burton 6:30 Rummy-o 8:00 'The Crown' Show</p>	<p>6</p> <p>10:30 Active Games 1:30 Walmart/ Superstore Grocery 3:45 De-decorating 6:30 Craft Night</p>	<p>7- Crystal</p> <p>1:30 PATS Visit 3:00 Chapel Exercise 3:45 Blurt Game 6:30 Bingo</p>
<p>8</p> <p>11:00 Communion 3:00 Cridge Happy Band 6:30 Seated Balloon Badminton</p>	<p>9</p> <p>10:30 Coffee & Cards 1:30 Standing Exercise 2:30 De- decorating: Unwrapping Pictures 6:30 Cribbage 6:30 Poetry Group</p>	<p>10</p> <p>10:30 Seated Exercise 11:00 Brain Games 2:00 Arts and Crafts / Decorate Hallway Tree 6:30 Painting</p>	<p>11- Allen</p> <p>10:30 Church Service 1:15 Bell Choir 2:30 Standing Exercise 3:30 Carpet Bowling 6:30 Dice</p>	<p>12</p> <p>10:30 Seated Exercise 11:00 Group Crossword 3:30 Happy Hour w Elderly Bros 6:30 Rummy-o 8:00 'The Crown' Show</p>	<p>13</p> <p>10:30 Coffee/Scrabble 1:30 Chair Dancing 2:45 Esq Lagoon Drive & Scavenger Hunt 6:30 Kareokee</p>	<p>14</p> <p>6:30 Bingo</p> <p>Turn over for Jan 15th- 31st</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 6:20 Chess 7:20 Mahjong	16 10:30 Standing Exercise 1:20 Bingo 3:00 Francis Rattenbury 'A Victoria Tragedy' 6:30 Swingkeys Music	17 10:30 Seated Exercise 11:00 Brain Games 1:30 Soap Felting 3:45 Cyber Seniors 6:30 Painting	18- Andrew 10:30 Church Service 1:30 Year Book 2:45 Meet & Greet w CEO Adam/new residents 4:00 Standing Exercise 6:30 Dice	19 10:30 Seated Exercise 11:00 Group Crossword 3:30 Happy Hour/Bday Party: 2 Among Friends 6:30 Rummy-o 8:00 'The Crown' Show	20 10:30 Scrabble & Coffee 1:30 Chair Dancing 2:30 Hillside Mall Grocery Shop 6:30 Craft Night	21 6:30 Bingo
22 11:00 Communion 3:00 Cridge Happy Band 6:30 'The Sound of Music' : DVD 40th Anniversary	23 10:30 Coffee & Cards 1:20 Bingo 2:30 Year Book 4:00 Standing Exercise 6:30 Cribbage 6:30 Poetry Group	24 10:30 Seated Exercise 11:00 Brain Games 1:30 Sing along 3:45 Cyber Seniors 6:30 Painting	25 10:30 Church Service 1:30 Skit/improv 2:30 Standing Exercise 3:45 Bocce 6:30 Dice	26 10:30 Seated Exercise 11:00 Group Crossword 3:30 Happy Hour w Seabreeze Duo 6:30 Rummy-o 8:00 'The Crown' Show	27 10:30 Active Game 1:30 Exercise 2:00 Resident Swap & Shop 6:30 Movie Night	28 6:30 Bingo
29 6:30 Sudoku	30 10:30 Coffee & Cards 1:20 Bingo 2:30 Standing Exercise 3:30 Watercolor Paint 6:30 Cribbage	31 10:30 Seated Exercise 11:00 Brain Games 1:30 Tues TedTalk 3:45 Cyber Seniors 6:30 Painting				

