



The Cridge Village Seniors Centre



Recreation Calendar for November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>This calendar is 2-sided. Please turn over for Nov. 13-30th</p>		<p>Happy Birthday!</p> <p><i>Nov. 16th - Marilyn F.</i></p>					
			<p>1</p> <p>10:30 Exercise-Chapel 11:00 Brain games 1:30 PATS visit 3:45 Cyber Seniors 6:45 Painting</p>	<p>2</p> <p>10:30 Church Service 1:15 Bell Choir 2:15 Fairways Grocery 4:00 Exercise 6:45 Dice</p>	<p>3</p> <p>10:15 Kiddo Visits 11:15 Exercise 1:30 Sing a long 3:00 Poppy Craft 6:45 Rummy-O</p>	<p>4</p> <p>11:00 Exercise 11:00 Jette's Craft Sale 3:30 Happy Hour w Louise Alepin 6:45 Propane Fire & Stories</p>	<p>5</p> <p>1:15 Trivia 2:30 Seated Bocce 3:45 Scrabble 6:30 Bingo</p>
	<p>6</p> <p>11:00 Communion 3:00 Cridge Happy Band 6:30 Chess 7:30 Mahjong</p>	<p>7</p> <p>10:45 Coffee & Cards 1:20 Bingo 2:30 Fall Gardening/ Appreciation Gathering 4:00 Exercise 6:45 Cribbage</p>	<p>8</p> <p>10:30 Exercise 11:00 Brain games 2:00 Kareokee! 3:45 Cyber Seniors 6:45 Painting</p>	<p>9</p> <p>10:30 Church Service 1:30 Nursing Students Craft/ Hand Massages 4:00 Exercise 6:45 Dice</p>	<p>10</p> <p>10:30 Exercise 11:00 Group Crossword 1:30 Card Workshop 3:45 Podcast/Colouring 6:45 Rummmy-O</p>	<p>11</p> <p>Remembrance Day 1:30 Remembrance Day Gathering 3:30 Happy Hour w Jesse Thomas Brown & Nov Birthday Bash 6:45 Craft Night</p>	<p>12</p> <p>6:30 Bingo</p> <p>TURN OVER FOR Nov. 13-30th</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 6:30 Balloon Badminton	14 1:20 Bingo 2:45 Gardening Clean up 6:45 Cribbage	15 10:30 Exercise-Chapel 11:00 Brain games 2:00 Music Bingo 3:45 Cyber Seniors 6:45 Painting	16 10:30 Church Service 1:30 Nursing Students Lawn Bowling/ Hand Care 3:00 Nex Gen Hearing 4:00 Exercise 6:45 Dice	17 10:30 Exercise 11:00 Group Crossword 1:30 Grandmothers For Africa Sale 2:00 Hillside Grocery Trip 6:45 Rummy-o	18 11:00 Exercise 2:00 Ted Talk 3:30 Happy Hour w Michael Majocha 6:45 Movie Night	19 1:30 Exercise 2:30 Music in the Lounge 3:45 Blurt Game 6:30 Bingo
20 11:00 Communion 3:00 Cridge Happy Band 6:30 Quiz Night & Riddles	21 10:45 Coffee & Cards 1:20 Bingo 2:15 Oak Bay Bank Run 4:15 Chapel Exercise 6:45 Cribbage	22 10:45 Bell Choir 1:30 Podcast 2:30 Exercise 3:45 Cyber Seniors 6:30 Newcombe Singers	23 10:30 Church Service 1:30 Nursing Students Games/ Hand Care 4:00 Exercise 6:45 Dice	24 10:30 Exercise 11:00 Group Crossword 2:00 Goldstream Outing Fire/ Salmon Run 6:45 Rummy-o	25 11:00 Exercise 1:30 Xmas Deco 3:30 Happy Hour w Steve Peabody 6:45 Tree Decorating/ Grand Lounge	26 6:30 Bingo
27 6:30 Seated Bocce	28 1:20 Bingo 2:30 Year Book 6:45 Cribbage	29 3:45 Cyber Seniors 6:45 Ornament Making	30 1:30 Nursing Students Tree Decorating/ Xmas Photo Booth/Card Making 6:45 Dice			

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Recreation Calendar for June 2014 ** First Week**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
11:00 Chair Fitness 1:30 Tillicum Mall 6:30 Music Night A Salute to Vienna 6:30 Rummy-O	11:00 News Group 2:00 Computer Hour 3:00 Book Club 4:00 Exercise 6:30 Trivia	11:00 News Group 2:00 Walking 4:00 Exercise 6:30 Scrabble	11:00 News Group 2:30 Memoir WS 4:00 Exercise 6:45 Gentle Stretch	11:00 News Group 11:00 Chapel 1:00 Musical Memories 2:00 Mental Aerobics 4:00 Exercise 6:30 Groceries 6:30 Documentary	11:00 News Group 2:00 Knitting 3:30 Happy Hour Tom Gough 6:30 Cinema	6:30 Quiz Night

Check your mailboxes for the full calendar
on Tuesday evening!!

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