

Contentment. Joy. Health. Satisfying relationships. Engagement.

All of these are signs of a good life — an abundant life. And who doesn't want that? We all want to be loved, live comfortably and do the things that give us joy.

For many people, an abundant life is out of reach. It might be because of an injury or illness, an unhealthy relationship, poverty or simply a series of challenging life events. We all face challenges at different times and we all need a little help sometimes.

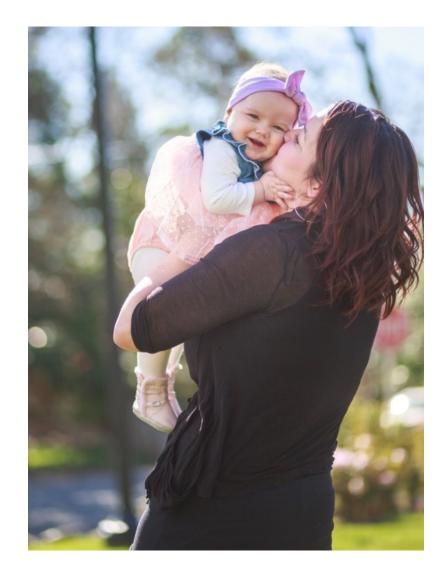
For the past 147 years, The Cridge Centre for the Family has been providing help and support to people from all walks of life who are facing challenges. What started as a home for orphaned children has become a multi-service organization that supports families, seniors, adults and children to achieve their full potential.

We are helping our community become stronger by partnering with individuals, businesses and organizations to provide services to the most vulnerable of our city, because we believe that every life is precious — and that everyone deserves an abundant life.

We All Need a Little Help Sometimes...

In an organization as broad and diverse as The Cridge Centre, it is difficult to define our needs with a single label. Each program has individual needs — all of them urgent and relevant. At the same time, every program has goals of how to take our services to the next level, how to expand and reach more people. As we balance needs and goals, carefully steward our resources, and strategically plan for the future, we depend on your support to help our community grow stronger.



















How does The Cridge Centre for the Family build a stronger community?

Over 250 children from all walks of life have an inclusive, safe and loving place to learn and grow each year.

100 women and children in economic or relationship crisis, including refugee and immigrant families, have a safe and affordable place to call home and be supported as they rebuild their lives.

200 women and children per year who have been impacted by relationship violence have safety, housing and support when they leave their abuser.

Another 300 women in the community are supported every year to access services to keep them safe from their abuser.

Over 500 families who have a child with a disability receive support each year, resulting in stronger, more resilient families.

30 young parents each month receive support and mentorship, resulting in fewer children in care and more healthy young families.

70 survivors of Brain Injury annually are employed, housed and engaged in their community, resulting in less unemployment, homelessness, addiction and incarceration.

80 seniors per year have a place to call home, resulting in healthy and engaged individuals.

Over 2000 individuals each year have greater well-being because of The Cridge Centre for the Family. Together with you, we are building a strong and healthy community.

Why give to The Cridge Centre for the Family?

With your help, our families find hope and healing.

Janice said "Without The Cridge, I would probably not be here... you saved my life"

Mike knows that "The Cridge Centre gave me another chance at life — without the Brain Injury Program I'd probably be homeless or in jail."

When you support The Cridge Centre, you are positively changing lives, building a healthier, safer and more vibrant community.

Who can give?

Donors come in all shapes and sizes: families, individuals, small businesses, corporations, family trusts – you are valued for your contribution!

How can I give?



Monthly: When you make a monthly commitment, you provide us with the ongoing support needed to provide services to our families. You can set this up over the phone to withdraw directly from your bank account or as a charge to your credit card. You will receive an annual tax receipt.



Annual Gift: Gifts of all sizes are recognized and appreciated. When you give over \$10,000 (in a single gift or cumulatively), you are recognized as a major donor. We are happy to discuss your gift with you and how we can recognize your generous contribution. You will receive a tax receipt.



Planned Giving: If you prefer to leave a legacy in your will, or a living legacy, we encourage you to make those arrangements with your lawyer/financial planner as there are many different options and instruments with which to give. We would be honoured to work together with you and your adviser to ensure the gift is given in such a way that most benefits you and creates the greatest impact to our programs. Your tax receipt would be issued according to the laws governing the type of planned gift you make.

Call us today: Joanne Linka 250 995 6419 or jlinka@cridge.org

We are honoured and humbled by your interest, your heart and your desire to make an impact on your community. Thank you for considering The Cridge Centre as a trusted recipient of your generosity. We are grateful for you!



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