

## The Cridge Christmas Hamper Program

The Cridge offers low cost housing and supportive services to woman and children leaving relationship violence, as well as families in transition for many other reasons. Our Cridge Christmas Hamper program provides families with an opportunity to celebrate Christmas without the financial stress and strain that many low income families face.

All the women and families that are part of this hamper program are receiving services within The Cridge Dovetail Program. More information about these services can be found at [www.cridge.org](http://www.cridge.org)

Over the years, we have seen the tremendous joy that these hampers bring to the families we serve. We have seen that same joy among the hamper donors: it is evident that the process has been extremely rewarding for them.

Here is what some of our clients have had to say:

*“It is just so amazing that strangers would care enough to get such lovely gifts for me.”*

*“My kids’ eyes lit up when they saw all of the presents! Thank you for making Christmas so special for my family. ”*

For those that have donated in previous years, thank you so much for your very generous support. We hope you will consider preparing a hamper this year, too.

### Here is how the hamper donation process works:

1. Decide how much you/ your organization would like to spend
2. Review the info below:
  - There are 3 different categories of family size:
    - Single women
    - Small family (2-3 people)
    - Large family (4-7 people)
  - We suggest that each hamper include:
    - **New, wrapped gifts for each member of the family.** Typically, donors spend between \$30-\$50 per person. You may also wish to include items for the whole family in your hamper
    - **A Grocery gift card.** A general guideline for the value of this gift card is \$25-40 per person.
    - Do not include alcohol, cigarettes or cash.

3. Decide what size family you would like to support. If you are doing more than one hamper, you can chose a combination of family sizes (eg, a hamper for a single woman and a hamper for a large family)
4. Fill in the form below (pg 3 of this document) and fax it to 250-220-8566. Or scan and e-mail it to [hampers@cridge.org](mailto:hampers@cridge.org).
5. We will then send you a wish list for the family of the size(s) of your choice. The list may include specific items and/or areas of interest for each member of the family, as well as sizes for clothing or maybe a favourite store for a gift card. What you choose from the list is up to you.
6. Have some fun! Go shopping, have a wrapping party and put it all together
7. Finally, on the designated drop off dates (see below), bring your hamper(s) to:

**The Activity Room at The Cridge Centre for the Family, 1307 Hillside Ave**

<b>Hamper Drop-off Dates &amp; Times</b>		
Monday, December 17 <sup>th</sup> from 9am and 4pm	Tuesday, December 18 <sup>th</sup> from 9am and 4pm	Wednesday, December 19 <sup>th</sup> from 9am and noon

Please contact Heidi and Gyneth at [hampers@cridge.org](mailto:hampers@cridge.org) or 250 9945 6412 if you have any further questions.





*Please complete this form, and email or fax it back to the Hampers Coordinator.*

EMAIL: [hampers@cridge.org](mailto:hampers@cridge.org) FAX: 250 220 8566

## 1. Contact Information:

\_\_\_\_\_  
Company/Group Name (if applicable) Date

Mr/Ms/Mrs \_\_\_\_\_  
Contact Person Name (First, Middle Initial and Last) Role (if applicable)

\_\_\_\_\_  
Address City/Province Postal code

\_\_\_\_\_  
Phone Fax Email

## 2. Gift Description:

*Please indicate the number of hampers and family size that you are planning to donate.*

Quantity	Family Size
	Single woman
	Small family (2-3 people)
	Large family (4-7 people)