

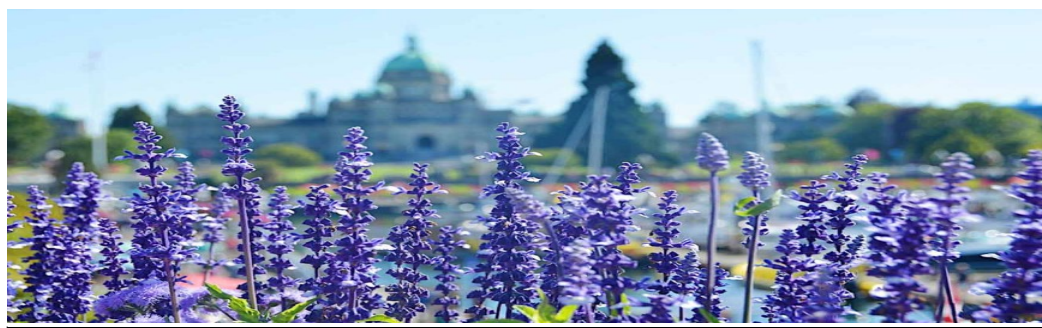


LUNCH MENU MAY 2026



Fresh Sandwiches made daily as an option served with salad or fruit - Various selections
 Tossed Green Salad always available with choice of fresh made dressings sub as main per request
 Bread always available upon request
 Coffee, tea, juice or milk Fresh fruit, Yogurt or Ice Cream is available as a dessert option*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 <i>Soup of the Day</i> Brioche Cinnamon French Toast Maple Syrup & Butter Breakfast Sausages OR Fresh Fruit					1 <i>Soup of the Day</i> Potato, Leek & Four Cheese Quiche House Salad Greens Choice of Dressing Jello	2 <i>Soup of the Day</i> Cranberry Orange Muffin Yogurt & Granola Fresh Fruit Nut Mixture Fresh Berries Fresh Fruit
3 <i>Soup of the Day</i> Scrambled Eggs & Bacon Whole Wheat Toast Triangle Hashbrowns OR Vegetarian Sausage Fresh Fruit	4 <i>Soup of the Day</i> Fresh Baked Croissant Cottage Cheese Fresh Fruit Nut Mixture Fresh Berries Fresh Fruit	5 <i>Soup of the Day</i> BBQ Chicken Ranch Salad Corn, Black Beans, Tomato Spinach & Salad Greens Avocado & Cheese Blend Ranch Dressing Fresh Fruit	6 <i>Soup of the Day</i> Hot Baked Four Cheese Spinach Artichoke Dip Served with Tortilla Chips Warm Garlic Pita Fresh Fruit	7 <i>Soup of the Day</i> Turkey BLT Sandwich Roasted Sliced Turkey Tomato, Bacon & Lettuce Peasant Loaf Bread Creamy Potato Salad Fresh Fruit	8 <i>Soup of the Day</i> Chef's Salad Tuscany Ham & Egg Creamy Havarti Cheese Tomato & Thousand Island Dressing Jello	9 <i>Soup of the Day</i> Garlic Buttered Whole Wheat Penne Pasta With Meat Sauce Parmesan Cheese Fresh Fruit
10 <i>Soup of the Day</i> Blueberry Buttermilk Pancakes Side Bacon & Pork Breakfast Sausage Maple Syrup & Butter Chocolate Pudding Cup	11 <i>Soup of the Day</i> Chicken Strips Honey Mustard Sauce Carrot & Celery Sticks With Ranch Dip OR Vegan Nuggets Fresh Fruit	12 <i>Soup of the Day</i> Entree Cobb Salad Mixed Greens Salad Roasted Turkey & Tomato Crumbled Blue Cheese Ranch Dressing Fresh Fruit	13 <i>Soup of the Day</i> Potato & Cheese Perogy Slice of Bacon Caramelized Onion Green Onion Sour Cream Fresh Fruit	14 <i>Soup of the Day</i> Romaine Lettuce & Kale Caesar Salad Grilled Chicken Breast Caesar Dressing Truffle Focaccia Crouton Fresh Fruit	15 <i>Soup of the Day</i> Pulled Pork Sandwich Potato Bun Crispy Onion Rings Mustard BBQ Sauce Coleslaw Jello	16 <i>Soup of the Day</i> Currant Rosemary Scone Rosemary Scones Yogurt & Granola Fresh Berries Nut Mixture Fresh Fruit
17 <i>Soup of the Day</i> Scrambled Eggs Side Bacon Triangle Hashbrowns Toast Fresh Fruit	18 <i>Soup of the Day</i> Crab Cakes Arugula Salad Tartar Sauce Fresh Lemon Wedge Fresh Fruit	19 <i>Soup of the Day</i> Shaved Roast Beef Garlic Hoagie Roll Bread Horseradish Sauce Carrot & Celery Sticks With Ranch Dip Fresh Fruit	20 <i>Soup of the Day</i> Iceberg Wedge Lettuce Bacon & Hard Boiled Eggs Grape Tomato Crumbled Blue Cheese Buttermilk Dressing Fresh Fruit	21 <i>Soup of the Day</i> Buttered Chicken Basmati Rice Crispy Tofu Peas & Peppers Fresh Fruit	22 <i>Soup of the Day</i> Assorted Mini Danishes Yogurt & Granola Fresh Fruit & Berries Nut Mixture Jello	23 <i>Soup of the Day</i> Fresh Baked Croissant Baby Shrimp Salad Sandwich Dill Cucumber Yogurt Fresh Fruit
24 <i>Soup of the Day</i> Denver Omelet Mild Italian Pork Sausage Potato Hashbrowns Toast Fresh Fruit	25 <i>Soup of the Day</i> Panko Breaded Shrimp Horseradish Cocktail & Mary Rose Sauces Cucumber, Red Onion & Dill Yogurt Salad Fresh Fruit	26 <i>Soup of the Day</i> Reuben on Marble Rye Pastrami & Swiss Cheese Sauerkraut Salad Greens Fresh Fruit	27 <i>Soup of the Day</i> Smoked Salmon & Cucumber Sandwich Dill Cream Cheese Poppy Seed Mayonnaise White Bread Fresh Fruit	28 <i>Soup of the Day</i> Belgian Waffles with Side Bacon Fresh Strawberries Whipped Cream Maple Syrup & Butter Fresh Fruit	29 <i>Soup of the Day</i> Entree Caprese Salad Grilled Chicken & Avocado Tomato & Bocconcini Mixed Greens Balsamic Drizzle Jello	30 <i>Soup of the Day</i> Grilled Cheese Cheddar & Swiss On Brown Bread Garlic Parsley Yam Fries Fresh Fruit



DINNER MENU MAY 2026



Fresh Sandwiches made daily as an option served with salad or fruit - Various selections
 Tossed Green Salad always available with choice of fresh made dressings sub as main per request
 Bread always available upon request
 Coffee, tea, juice or milk Fresh fruit, Yogurt or Ice Cream is available as a dessert option*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 <i>Soup of the Day</i> Roasted Pork loin Gravy & Apple Sauce Chef's Potatoes & Veg OR The Vegetarian Option Apple Pie					1 Swiss Steak Shoestring Onions OR Catch of the Day Fresh Lemon Fresh Fruit	2 Mushroom Ravioli Tomato Basil Sauce OR Cheese Tortellini Alfredo Cream Sauce Garlic Bread & Salad Fresh Fruit
3 Brown Sugar Baked Ham Pineapple Glaze Scallop Potato Assorted Vegetables OR The Vegetarian Option Chocolate Cake	4 Seared Sockeye Salmon Grape Tomato, Artichoke Olives & Caper Compote OR Charbroiled Beef Kebobs Chimichurri Sauce Fresh Fruit	5 Vegetarian Cannelloni OR Italian Sausage Crumble Spinach Cannelloni Sun-Dried Tomato Cream & Tomato Basil Sauce's Fresh Fruit	6 Pan Seared Beef Liver Caramelized Onions Bacon Strip & Demi Glaze OR Catch of the Day Lemon Fresh Fruit	7 Turkey Meatballs Mushroom Cream Glazed Pearl Onions OR Vegetarian Sausage Meatballs Fresh Fruit	8 Almond Crusted Cod With Fresh Lemon OR Stuffed Bell Peppers Black Beans & Rice Fresh Fruit	9 Roasted Chicken Breast Maderia Wine Sauce OR Potato Lentil Pie Sauteed Onion & Gravy Fresh Fruit
10 Prime Rib Dinner Au Jus Sour Cream Horseradish Chef's Potatoes & Veg OR The Vegetarian Option Lemon Short Cake	11 Hunter Style Sausage Apple Sauce OR Catch of the Day With Lemon Fresh Fruit	12 Bison Meat Loaf Green Peppercorn Sauce OR Potato Lentil Pie Sauteed Onion & Gravy Fresh Fruit	13 Breaded Chicken Cutlets Lemon Garlic Aioli OR Tempura Prawns Lemon Garlic Aioli Fresh Fruit	14 Charbroiled Pork Tenderloin Steak OR Vegetarian Spanakopita Cheese & Spinach Filling Tzatziki Sauce Fresh Fruit	15 Jumbo Prawns Provencal Fresh Herbs OR Stuffed Mushroom Cap Spinach & Kale Fresh Fruit	16 Pizza Night: Pepperoni Hawaiian Margarita Fresh Fruit
17 House Roasted Chicken Chef's Potatoes & Vegetables with Gravy OR The Vegetarian Option Trifle	18 Pork Schnitzel Lemon Wedge, Demi-Glace Braised Red Cabbage OR Breaded Oyster Mushroom Coconut Yogurt Fresh Fruit	19 Pasta Carbonara Ham, Peas Peppers Parmesan Alfredo Sauce Roasted Garlic Buttered Focaccia Bread Side Salad Fresh Fruit	20 Charbroiled Salmon & Vegetable Brochette Bell Peppers, Red Onions With Dill Yogurt OR Vegetarian Brochette Fresh Fruit	21 Baby Back Pork Ribs Smokey BBQ Sauce OR Vegan Portobello Ribs Double Baked Potato Fresh Fruit	22 Breaded Oysters Cocktail Sauce OR Bangers & Mash Sauteed Onion & Gravy Fresh Fruit	23 Beef Meatloaf House Made Ketchup OR Vegetarian Sheppard's Pie Fresh Fruit
24 Roasted Turkey Breast Gravy & Cranberry Sauce Chef's Potatoes & Veg OR The Vegetarian Option Pumpkin Crème Brule	25 Vegetarian Spring Rolls With Plum Sauce Sweet & Sour Pork Sesame Rice OR Crispy Tofu Fresh Fruit	26 Herb Butter Spaghetti Lemon Fried Caper Alfredo OR Herb Butter Spaghetti Pancetta Chip Puttanesca Sauce Fresh Fruit	27 Grilled Ham Steak Butter Whipped Potato Mustard Trio OR Corn Fritters Roasted Garlic Mayonnaise Fresh Fruit	28 Braised Beef Brisket Boiled Potato & Carrots Brown Gravy OR Roasted Smoked Beetroot Fresh Fruit	29 White Wine Poached Sockeye Salmon OR Mushroom Ravioli Tomato Basil Sauce Fresh Fruit	30 Chicken Souvlaki Roasted Potato & Pita OR Grilled Vegetable Skewers Greek Salad & Tzatziki Fresh Fruit